

The Stonewall Project is a family of programs dedicated to providing counseling, treatment, information, & support to gay, bi, & transmen who have sex with men who are having issues with drugs &/or alcohol. As a program rooted in harm reduction, all substance use goals ranging from safer use, to managed use, to reduced use, to partial abstinence, to complete abstinence are supported and welcome. Services are confidential & free of charge.

Walk In Program: Each week Stonewall offers walk in groups, book clubs, harm reduction education opportunities, syringe access, individual counseling, & wellness services like meditation, massage & acupuncture. No paperwork, no intake, no waits. You decide what services are a good fit.

Structured Enrolled Program: To Enroll

- ⇒ First, visit us for a walk in counseling session 4PM M-F at 1035 Market, 4th fl. Ask to do a new participant form.
- ⇒ Next, participate in three orientation/skills building groups (see Monday for details)
- ⇒ Attend as many walk-in services (groups, book clubs, acupuncture) as you would like & check out our program.
- ⇒ You'll be contacted by and scheduled to meet with Stonewall's Intake Coordinator Sarah Thibault.
- ⇒ Continue attending walk in services. As space is available Sarah will match you with a skilled counselor.

Enrolled clients agree to meet with their counselor once a week for six to eighteen months and attend two groups each week designed to support their substance use goals.

MONDAYS

1035 Over the Influence Book Club Every Monday 12PM-1:30 1035 Market, room 2C strong coffee ◦ snacks ◦ nerds
A fabulous way to start the week. Give judgment & stigma around drug use & drug users a holiday to free up space for self love, optimism, & self care. Explore new ideas, share experiences, & check out this amazing book by the Harm Reduction Therapy Center. Join anytime ◦ on any chapter. Facilitator Lonnie Ferguson ALL WELCOME Come High ◦ Come Low ◦ Come Sober

1035 Walk in Skills Building Group first hour + Enrolled Program Orientation last 1/2 hour Every Monday 6-7:30PM 1035 Market, room 3E This group provides practical tools that can help in challenging situations & make more space for choice, new options for changing behaviors, & build skills to meet & maintain your substance use goals. The last 1/2 hour of group is an orientation to Stonewall for guys who would like to enroll in our structured program and be matched with an individual counselor. All goals around substance use are appropriate & welcome here; from safer use to abstinence. Facilitator Wade Smith

TUESDAYS

1035 Crystal Clear: A Harm Reduction Group for African American Men Visioning Personalized Recovery
Every Tuesday at 12pm 1035 Market, room 3E Join Crystal Clear to connect to & support other African American men as they grow their own unique & personal definitions & roadmaps to recovery... Facilitator Jamal Bey

6th Street Harm Reduction Drop-in Group for gay/bi men Every Tuesday doors 1:30, group 2-3PM 117 6th St. @ Mission/Howard
Check in about what's up with your world & how drugs are fitting in your life. Facilitators Aaron Rohrer & Erik Deiters

Castro Smart Drinking Group Every Tuesday 6-7:30PM 4200 18th St. #203 Want to change your drinking habits? Find your way to safer drinking, controlled drinking, reduced drinking, or quitting. Facilitator Paul Kilfoil.

1035 The Velvet Rage Book Club: Overcoming the Pain of Growing Up Gay in a Straight Man's World
Every Tuesday 4-5:30PM 1035 Market, room 2C This book club explores the complexity of gay identity and culture, HIV, substance use, healing relationship trauma, shame, anger, validation, sexuality, internalized homophobia, masculinity and much more. Facilitators Wade Smith and Lisa Serrano

1035 NEW WALK IN GROUP! Sex and Dating Book Club Tuesdays 6-7:30pm Rm 3D
A walk-in book club for gay/bi/heteroflexible men who want to maintain their substance use goals without the ins and outs of sex and dating taking them off course. We will read & discuss a chapter or selection from a different book or blog around the topics of monogamy, polyamory, hooking up, HIV, & more. It might get juicy. Facilitators Chris Powers & Glenn Ontiveros

WEDNESDAYS

1035 Welcome Home Every Wednesday at 6PM, 1035 Market Street, room 3E. Come explore possibilities for change in an open, caring, nonjudgmental space. Welcome Home is also our core group for enrolled clients who have finished the 3 Monday Orientation Group series and are waiting to be matched with an individual counselor. Activities include readings, group discussion of diverse harm reduction topics, and sharing and giving support. Facilitators Wade Smith and Erwin Sanders

THURSDAYS

1035 Syringes, Safer Injection, and Harm Reduction Counseling Every Thursday 4pm-6pm 1035 Market 4th fl. Room 11 We offer a private place to pick up supplies, have a cup of tea & chat about vein care, how drugs are fitting into your world, space to talk about your experiences, and how to avoid blown veins, abscesses, accidentally sharing HIV and/or Hep C, hooking up and slamming, taking care of yourself and your comrades, or anything that is on your mind. Over-amp/Overdose prevention/Naloxone distribution too! tmorris@sfaf.org Visit www.tpsf.com for safer injection info on the resources page.

1035 Paso a Paso Grupo de Apoyo Every Thursday 5:30PM-7PM/Jueves 5:30-7PM 1035 Market, 4th fl. Room 4A Join this safe welcoming bilingual group for Latino gay, bi, & other men who have sex with men. Explore issues related to our substance use, sexuality & culture in a basic, harm reduction process. Facilitator Francisco Escobar

1035 NEW WELLNESS SERVICE FOR STONEWALL CLIENTS! Stonewall Acupuncture and Massage Lounge **starts 10/22** Thursdays 6-7:30PM 1035 Market street, rooms 3D and 3B (limited to 25-30 people). A drop-in acupuncture and massage therapy Lounge for Stonewall Project walk in and enrolled clients. Facilitators Aaron Rohrer and Chris Powers

1035 NEW WALK IN GROUP! Mindfulness Lab Thursday 6PM-7:30 1035 Market street, room 3E All tracks welcome. Mindfulness Lab is an eclectic weekly group which helps participants develop clarity, compassion and wisdom through practice. Each week, we bring a different reading on mindfulness, and engage in practice based on the teachings. Come with an open mind and experience mindfulness in action. Facilitators Rick Andrews and Jeremy Prillwitz

FRIDAYS

1035 "Outside In" Every Friday 9:30-11AM 1035 Market street, room 2C A walk-in discussion group for exploring the unique challenges, successes, emotions, and general experience of gay/bi/heteroflexible men who have been at times homeless and at other times housed. Each meeting will cover a specific topic followed by an opportunity to get suggestions, advice, and feedback from peers about what you need. Facilitator Chris Powers

1035 TCB Friday (Taking Care of Business)Group Every Friday 2-3:30PM 1035 Market street, room 3D Whether the coming weekend fills you with joy or the jitters plan for the weekend you want with your peers & the support of counselors Melissa Yost and Aaron Rohrer. Get nonjudgmental support to meet your substance use goals: from safer use, to planned use, to reduced use, to partial abstinence, to abstinence. Welcoming gay/bi/heteroflexible men.

Castro Harm Reduction Friday Night Every Friday 6-7:30PM 4200 18th St. #203 A fun, friendly, welcoming place for gay, bi, MSM, interested in exploring their relationship to drugs, sex, dating, & whatever you want to discuss. Come as you are, high or low or in between. Facilitators Sarah Thibault and Francisco Escobar

WALK IN
COUNSELING

1035 Stonewall Walk-In Individual Counseling

Walk in M-F at 4PM 1035 Market Street, 4th Floor.

Nonjudgmental information about drugs and drug use can be tough to find. Stonewall extends an open invitation to you if you drink or use drugs to come in and ask questions if you have them, fine tune your party habits, or have space to talk about concerns, making changes, available groups and services, or enrolling in our structured program for gay and bisexual men and transmen who have sex with men.

What is PROP? www.propsf.org A 12 week program for gay, bisexual, & trans men who have sex with men & MTF transgendered people who choose to stop using methamphetamine. PROP provides structure, community, counseling, referrals and support. Enrollees visit the PROP lounge three times a week for three months and are given monetary credits for non-reactive urine tests for stimulants. 1035 Market street, 4th floor drop in Mon/Wed/Fri at 3PM email or call Rick Andrews 487-3115 randrews@sfaf.org

Free confidential **HIV & Hep C testing** at **1035 Market** Tuesdays, Wednesdays, Thursdays **3pm-5:30pm** testing takes about 30 minutes

Visit **Magnet SFAF's** gay men's health clinic in the Castro for testing and treatment for syphilis, chlamydia, and gonorrhea Confidential rapid HIV antibody testing, Hepatitis A & B vaccinations. Sat/Mon/Tues. 10-6pm Wed/Thur/Fri 10-8 4122 18th Street @ Castro.