

WALK-IN PROGRAM SCHEDULE – October 2017 – January 2018

The Stonewall Project is a family of programs dedicated to providing counseling, treatment, information and support to gay, bi and transmen who have sex with men who are having issues with drugs and/or alcohol. As a program rooted in harm reduction, all substance use goals ranging from safer use, to managed use, to reduced use, to partial abstinence, to complete abstinence are supported and welcome. Services are confidential and free of charge.

Walk In Program: Each week, Stonewall offers walk in groups, book clubs, harm reduction education opportunities, syringe access, individual counseling and wellness services like massage and acupuncture. No paperwork, no intake, no waiting. You decide what services are a good fit. **Learn more about Stonewall Project by attending Welcome to Stonewall on Wednesdays or Intro to Harm Reduction Skills on Thursdays.** (Specific details for each group listed in the Wednesdays and Thursdays sections below)

Structured Enrolled Program - To Enroll:

- First, visit us for a walk in counseling session 4PM M-F at 1035 Market St., 4th floor or Strut at 470 Castro St.
- Attend as many walk in services (orientation groups, acupuncture, etc.) as you would like and check out our programs
- You'll be contacted by and scheduled to meet Stonewall's Intake Coordinator, Melissa Yost.
- Continue attending walk in services. As space is available, Melissa will match you with a skilled counselor.

Enrolled clients agree to meet with their counselor once a week for six to eighteen months and attend two groups each week designed to support their substance use goals.

MONDAYS

1035 MARKET | OVER THE INFLUENCE BOOK CLUB Monday 12-1:30PM, room 2C. Join anytime on any chapter. Check out this amazing book by the Harm Reduction Therapy Center. Facilitators Alex Locust & Gil Perez.

STRUT (470 CASTRO) | ABSTINENCE SKILLS ENHANCEMENT Monday 6-7:30PM, group room 1. This group helps participants remain abstinent from all drugs & alcohol, without a judgmental approach to relapse or slips. Facilitators Wade Smith & David Banda.

TUESDAYS

1035 MARKET | CRYSTAL CLEAR Tuesday 11:30-1:00PM, room 3E. A harm reduction group for men who have sex with men of the Black Diaspora who have had experience with crystal meth. Facilitators Alex Locust & Roy Tidwell.

117 6th ST. | 6th STREET HARM REDUCTION DROP-IN GROUP Tuesday 1-2:30PM beginning with snacks, good company and coffee at 117 6th St. at Mission. Facilitators Chris Powers & Michael DeLaRosa.

STRUT (470 CASTRO) | THE VELVET RAGE BOOK CLUB: OVERCOMING THE PAIN OF GROWING UP GAY IN A STRAIGHT MAN'S WORLD Tuesday 4-5:30PM, group room 2. This book club explores the complexity of gay identity and culture, HIV, substance use, healing relationship trauma, shame, internalized homophobia and much more. Facilitators Wade Smith & Francisco Escobar.

STRUT (470 CASTRO) | SEX AND DATING BOOK CLUB Tuesday 6-7:30PM, group room 1. A walk-in book club for gay & bi men who want to maintain their substance use goals without the ins and outs of sex and dating taking them off course. Each week, we will read and discuss a chapter or selection from a different book or blog. It might get juicy. Facilitators Paul Kilfoil & Gil Perez.

STRUT (470 CASTRO) | CASTRO SMART DRINKING GROUP Tuesday 6-7:30PM, group room 2. Want to change your drinking habits? Find **your** way to safer drinking, controlled drinking, reduced drinking or quitting. Facilitators Rich Lugo & Ed Diaz.

WEDNESDAYS

1035 MARKET | COMMUNITY GROUP Wednesday 11:30-1:00PM, room 3C. A discussion group to explore relative topics pertaining to our identities and the communities to which we belong. Facilitators Francisco Escobar & Alex Locust.

1035 MARKET | EXPRESS YOURSELF! Wednesday 1:30-3PM, room 3D. An expressive arts therapy drop-in harm reduction group where we get to express ourselves using various art forms (visual arts, music, poetry, etc.). No experience or expertise with any of the arts are required; anyone and everyone is welcome to join. Facilitator Rani Marcos & Nicollette Maristela.

1035 MARKET | WELCOME TO STONEWALL Wednesday 6-7:30PM, room 3A. A weekly group for those who are exploring their relationships with substances. Whether you're considering joining, recently enrolled, or just want a refresher course, this group explores what we do at Stonewall, the ideas behind harm reduction and how to get the most out of our services. Facilitators Kyle Temple & Leora Lerba.

WEDNESDAYS (continued)

STRUT (470 CASTRO) **ABSTINENCE SKILLS ENHANCEMENT** Wednesday 6-7:30PM, group room 1. Facilitators Wade Smith & David Banda. (Please see Monday for group description)

THURSDAYS

1035 MARKET **MOOD UP!** Thursday 12-1:30PM, room 3E. Could you use some support around managing difficult emotions? This group will provide practical skills that have been shown to be effective in helping you improve your mood. Facilitators Alan Camardo & Leora Lerba.

1035 MARKET **"NEW" INTRO TO HARM REDUCTION SKILLS** Thursday 4-5:30PM, room 3B. Join us for a fun, interactive walk-in group where we learn and practice harm reduction skills and concepts chosen to help you take control of your use of drugs or alcohol. Facilitators Jeremy Prillwitz & Chris Powers.

STRUT (470 CASTRO) **"NEW" STAND TOGETHER** Thursdays 4:30-6PM, group room 2. Created for you, by you – this harm reduction group is a space for gay/bi/trans/MSM men from communities of color to explore the intersections of race, sexuality, and substance use. Facilitators Alex Locust & Francisco Escobar.

1035 MARKET **STONEWALL ACUPUNCTURE AND MASSAGE LOUNGE** Thursday 6-7:45PM, rooms 3A & 3D. A drop-in acupuncture and massage therapy lounge for Stonewall Project walk-in and enrolled clients. Facilitators Kyle Temple & Gabriel Davis.

FRIDAYS

1035 MARKET **"OUTSIDE IN"** Friday 9:30-11AM, room 2C. A walk-in discussion group for exploring the unique challenges, successes, emotions and general experience of gay/bi/heteroflexible men who have been at times homeless and at other times, housed. Facilitators Chris Powers & Kyle Temple.

1035 MARKET **TCB FRIDAY (Taking Care of Business) Group** Friday 2-3:30PM, room 3D. Not quite ready for the weekend? Come for some pre-weekend TLC at the TCB Friday walk-in group for gay/bi men. Share your experiences, get and give peer support, and learn a new grounding/mindfulness exercise each week. Coffee and snacks provided! Facilitators Aaron Rohrer & Nicollette Maristela.

STRUT (470 CASTRO) **CASTRO HARM REDUCTION FRIDAY NIGHT** Friday 6-7:30PM, group room 2. A fun, friendly, welcoming place for gay, bi, MSM interested in exploring their relationship to drugs, sex, dating and whatever you want to discuss. Come as you are, high, low or in between. Facilitators Rich Lugo & Gabriel Davis.

CHEERS QUEERS!! Are you a gay, bi or trans man who has sex with men? Do you like to drink? Come stop by Strut at 4pm any Monday through Friday and ask for Glenn or Rich to see if you are eligible for our incentive-based risk-reduction consultation, stop by the Smart Drinking walk-in group on Tuesday evenings, or go online to <www.cheersqueers.org>. You could make up to \$60 in VISA gift cards if you qualify! A desire to change is not required."

Stonewall Walk-In Individual Counseling

Walk in M-F at 4PM to 1035 Market St., 4th floor or Strut at 470 Castro St. Nonjudgmental information about drugs and drug use can be tough to find. Stonewall extends an open invitation to you if you drink or use drugs to come in and ask questions if you have them, fine tune your party habits or have space to talk about concerns, making changes, available groups and services or enrolling in our structured program for gay/bisexual/transmen/MSM who have sex with men.

What is PROP? www.propsf.org A 12-week program for gay/bisexual/transmen/MSM who choose to stop using methamphetamine. PROP provides structure, community, counseling, referrals and support. Enrollees visit the PROP lounge three times a week for three months and are given monetary credits for non-reactive urine tests for stimulants. 1035 Market St., 4th floor drop in Mon/Wed/Fri at 3PM. Email or call Rick Andrews at 415-487-3115 or randrews@sfaf.org.

Free confidential **HIV & Hep C testing** at our new **6th Street Harm Reduction Center** at 117 6th Street. Hours are: Tuesdays, Wednesdays and Fridays; **11am – 1pm**, Thursdays from **11am to 5pm** and Saturdays from **7pm to 11pm**. Test takes about 30 minutes.

Visit **Strut** (Magnet's new home), SFAF's gay men's health clinic in the Castro for testing and treatment for syphilis, chlamydia and gonorrhea. Confidential rapid HIV antibody testing. Hepatitis A & B vaccinations. Sat/Mon/Fri. 10-6PM Tue/Wed/Thu 10-8PM at 470 Castro St., 2nd floor.

Stonewall Project welcomes persons with disabilities. We are wheelchair accessible and open to additional access accommodations. Please contact Robert Holum at 415-487-8067 or rholum@sfaf.org for more information.

STONEWALL
PROJECT

STONEWALL/SFAF 1035 Market St. or at Strut 470 Castro St., 3rd floor
415-487-3100 www.stonewallsf.org www.tweaker.org www.tpsf.com
come high * come low * come as you are*