

WALK-IN PROGRAM SCHEDULE – February 2018 – May 2018

The Stonewall Project is a family of programs dedicated to providing counseling, treatment, information and support to gay, bi and transmen who have sex with men who are having issues with drugs and/or alcohol. As a program rooted in harm reduction, all substance use goals ranging from safer use, to managed use, to reduced use, to partial abstinence, to complete abstinence are supported and welcome. Services are confidential and free of charge.

Walk In Program: Each week, Stonewall offers walk in groups, book clubs, harm reduction education opportunities, syringe access, individual counseling and wellness services like massage and acupuncture. No paperwork, no intake, no waiting. You decide what services are a good fit. **Learn more about Stonewall Project by attending Orientation to Stonewall on Wednesdays** (Specific details for this group listed in the Wednesday section below)

Structured Enrolled Program - To Enroll:

- First, visit us for a walk in counseling session 4PM M-F at 1035 Market St., 4th floor or Strut at 470 Castro St.
- Attend as many walk in services (orientation groups, acupuncture, etc.) as you would like and check out our programs
- You'll be contacted by and scheduled to meet Stonewall's Intake Coordinator, Melissa Holman.
- Continue attending walk in services. As space is available, Melissa will match you with a skilled counselor.

Enrolled clients agree to meet with their counselor once a week for six to eighteen months and attend two groups each week designed to support their substance use goals.

MONDAYS

1035 MARKET **OVER THE INFLUENCE BOOK CLUB** Monday 12-1:30PM, room 2C. Join anytime on any chapter. Check out this amazing book by the Harm Reduction Therapy Center. Facilitators Anibal Mejia & Gil Perez.

TUESDAYS

1035 MARKET **CRYSTAL CLEAR** Tuesday 11:30-1:00PM, room 3E. A harm reduction group for gay/bi/transmen/MSM of the Black Diaspora who have had past and current experience with crystal meth. Facilitators Alex Locust & Roy Tidwell.

117 6th ST. **6th STREET HARM REDUCTION DROP-IN GROUP** Tuesday 1-2:30PM beginning with snacks, good company and coffee at 117 6th St. at Mission. Facilitators Chris Powers, Michael DeLaRosa & Rani Marcos.

STRUT (470 CASTRO) **THE VELVET RAGE BOOK CLUB: OVERCOMING THE PAIN OF GROWING UP GAY IN A STRAIGHT MAN'S WORLD** Tuesday 4-5:30PM, group room 2. This book club explores the complexity of gay identity and culture, HIV, substance use, healing relationship trauma, shame, internalized homophobia and much more. Facilitators Wade Smith & Nicollette Maristela.

STRUT (470 CASTRO) **CASTRO SMART DRINKING GROUP** Tuesday 6-7:30PM, group room 2. Want to change your drinking habits? Find **your** way to safer drinking, controlled drinking, reduced drinking or quitting. Facilitators Rich Lugo, Ed Diaz & Gil Perez.

WEDNESDAYS

1035 MARKET **COMMUNITY GROUP** Wednesday 11:30-1:00PM, room 3C. A discussion group to explore relative topics pertaining to our identities and the communities to which we belong. Facilitators Alex Locust & Doug Foster.

1035 MARKET **WALK IN START HERE! ORIENTATION TO STONEWALL** Wednesday 6-7:30PM, room 3A. This weekly group orients newcomers to who we are, what we do, and how to get the most out of our services. Join us for an interactive exploration of Stonewall's Harm Reduction approach and how it works to help you identify, plan, and achieve your substance use goals. Facilitators Kyle Temple & Leora Lerba.

THURSDAYS

1035 MARKET **MANAGING YOUR MOOD** Thursday 12-1:30PM, room 3E. Develop skills to take more effective action in the present moment by learning how to observe and accept difficult thoughts, memories and emotions that impact your mood. This group will help you identify your values, set realistic goals, and make a commitment to live a more meaningful life. Facilitators Alan Camardo & Erika Maruyama.

1035 MARKET **EXPRESS YOURSELF!** Thursday 2-3:30PM, room 2C. An expressive arts therapy drop-in harm reduction group where we get to express ourselves using various art forms (visual arts, music, poetry, etc.). No experience or expertise with any of the arts are required; anyone and everyone is welcome to join. Facilitator Rani Marcos & Leora Lerba.

STRUT (470 CASTRO) **"NEW" STAND TOGETHER** Thursdays 4:30-6PM, group room 2. Created for you, by you – this harm reduction group is a space for gay/bi/trans/MSM men from communities of color to explore the intersections of race, sexuality, and substance use. Facilitators Alex Locust & Anibal Mejia.

1035 MARKET **STONEWALL ACUPUNCTURE AND MASSAGE LOUNGE** Thursday 6-7:45PM, rooms 3A & 3D. A drop-in acupuncture and massage therapy lounge for Stonewall Project walk-in and enrolled clients. Facilitators Kyle Temple, Gabriel Davis & Nicollette Maristela.

FRIDAYS

1035 MARKET **"OUTSIDE IN"** Friday 9:30-11AM, room 2C. A walk-in discussion group for exploring the unique challenges, successes, emotions and general experience of gay/bi/heteroflexible men who have been at times homeless and at other times, housed. Facilitators Chris Powers & Kyle Temple.

1035 MARKET **TCB FRIDAY (Taking Care of Business) Group** Friday 2-3:30PM, room 3D. Not quite ready for the weekend? Come for some pre-weekend TLC at the TCB Friday walk-in group for gay/bi men. Share your experiences, get and give peer support, and learn a new grounding/mindfulness exercise each week. Coffee and snacks provided! Facilitators Aaron Rohrer & Gabriel Davis.

STRUT (470 CASTRO) **CASTRO HARM REDUCTION FRIDAY NIGHT** Friday 6-7:30PM, group room 2. A fun, friendly, welcoming place for gay, bi, MSM interested in exploring their relationship to drugs, sex, dating and whatever you want to discuss. Come as you are, high, low or in between. Facilitators Rich Lugo & Gabriel Davis.

CHEERS QUEERS!! Are you a gay, bi or trans man who has sex with men? Do you like to drink? Come stop by Strut at 4pm any Monday through Friday and ask for Ed or Rich to see if you are eligible for our incentive-based risk-reduction consultation, stop by the Smart Drinking walk-in group on Tuesday evenings, or go online to <www.cheersqueers.org>. You could make up to \$60 in VISA gift cards if you qualify! A desire to change is not required."

Stonewall Walk-In Individual Counseling

Walk in M-F at 4PM to 1035 Market St., 4th floor or Strut at 470 Castro St. Nonjudgmental information about drugs and drug use can be tough to find. Stonewall extends an open invitation to you if you drink or use drugs to come in and ask questions if you have them, fine tune your party habits or have space to talk about concerns, making changes, available groups and services or enrolling in our structured program for gay/bisexual/transmen/MSM who have sex with men.

What is PROP? www.propsf.org A 12-week program for gay/bisexual/transmen/MSM who choose to stop using methamphetamine. PROP provides structure, community, counseling, referrals and support. Enrollees visit the PROP lounge three times a week for three months and are given monetary credits for non-reactive urine tests for stimulants. 1035 Market St., 4th floor drop in Mon/Wed/Fri at 3PM. Email or call Rick Andrews at 415-487-3115 or randrews@sfaf.org.

Free confidential **HIV & Hep C testing** at our new **6th Street Harm Reduction Center** at 117 6th Street. Hours are: Tuesdays, Wednesdays and Fridays; **11am – 1pm**, Thursdays from **11am to 5pm** and Saturdays from **7pm to 11pm**. Test takes about 30 minutes.

Visit **Strut** (Magnet's new home), SFAF's gay men's health clinic in the Castro for testing and treatment for syphilis, chlamydia and gonorrhea. Confidential rapid HIV antibody testing. Hepatitis A & B vaccinations. Sat/Mon/Fri. 10-6PM Tue/Wed/Thu 10-8PM at 470 Castro St., 2nd floor.

Stonewall Project welcomes persons with disabilities. We are wheelchair accessible and open to additional access accommodations. Please contact Robert Holum at 415-487-8067 or rholum@sfaf.org for more information.

STONEWALL
PROJECT

STONEWALL/SFAF 1035 Market St. or at Strut 470 Castro St., 3rd floor
415-487-3100 www.stonewallsf.org www.tweaker.org www.tpsf.com
come high * come low * come as you are*