

WALK-IN PROGRAM SCHEDULE – February 2017 – May 2017

The Stonewall Project is a family of programs dedicated to providing counseling, treatment, information and support to gay, bi and transmen who have sex with men who are having issues with drugs and/or alcohol. As a program rooted in harm reduction, all substance use goals ranging from safer use, to managed use, to reduced use, to partial abstinence, to complete abstinence are supported and welcome. Services are confidential and free of charge.

Walk In Program: Each week, Stonewall offers walk in groups, book clubs, harm reduction education opportunities, syringe access, individual counseling and wellness services like massage and acupuncture. No paperwork, no intake, no waiting. You decide what services are a good fit.

Structured Enrolled Program: To Enroll

- First, visit us for a walk in counseling session 4PM M-F at 1035 Market St., 4th floor or Strut at 470 Castro St.
- Next, attend the Welcome to Stonewall group on Wednesdays to learn about Stonewall's harm reduction philosophy
- Attend as many walk in services (groups, book clubs, acupuncture, etc.) as you would like and check out our programs
- You'll be contacted by and scheduled to meet Stonewall's Intake Coordinator, Melissa Yost.
- Continue attending walk in services. As space is available, Melissa will match you with a skilled counselor.

Enrolled clients agree to meet with their counselor **once a week** for six to eighteen months and **attend two groups each week** designed to support their substance use goals.

MONDAYS

1035 MARKET OVER THE INFLUENCE BOOK CLUB Monday 12-1:30PM, room 2C. Join anytime on any chapter. Check out this amazing book by the Harm Reduction Therapy Center. Facilitators Kyle Temple & Frankee Carlson.

STRUT (470 CASTRO) ABSTINENCE SKILLS ENHANCEMENT Monday 6-7:30PM, group room 1. This group helps participants remain abstinent from all drugs & alcohol, without a judgmental approach to relapse or slips. Facilitators Wade Smith & Francisco Escobar.

TUESDAYS

1035 MARKET CRYSTAL CLEAR: A HARM REDUCTION GROUP FOR AFRICAN AMERICAN MEN VISIONING PERSONALIZED RECOVERY Tuesday at 11:30-1:00PM, room 3E. Join Crystal Clear to connect to and support other African American men as they grow their own unique and personal definition and roadmaps to recovery. Facilitators Tiana Beard & Roy Tidwell. This group begins 30 minutes earlier than in previous cycles.

117 6th ST. 6th STREET HARM REDUCTION DROP-IN GROUP Tuesday 1-2:30PM beginning with snacks, good company and coffee at 117 6th St. at Mission. Facilitators Chris Powers & Hannah Schwartz.

STRUT (470 CASTRO) THE VELVET RAGE BOOK CLUB: OVERCOMING THE PAIN OF GROWING UP GAY IN A STRAIGHT MAN'S WORLD Tuesday 4-5:30PM, group room 2. This book club explores the complexity of gay identity and culture, HIV, substance use, healing relationship trauma, shame, internalized homophobia and much more. Facilitators Wade Smith and Alan Camardo.

STRUT (470 CASTRO) SEX AND DATING BOOK CLUB Tuesday 6-7:30PM, group room 1. A walk-in book club for gay & bi men who want to maintain their substance use goals without the ins and outs of sex and dating taking them off course. Each week, we will read and discuss a chapter or selection from a different book or blog. It might get juicy. Facilitators Chris Powers & Paul Kilfoil.

STRUT (470 CASTRO) CASTRO SMART DRINKING GROUP Tuesday 6-7:30PM, group room 2. Want to change your drinking habits? Find **your** way to safer drinking, controlled drinking, reduced drinking or quitting. Facilitators Rich Lugo & Glenn Ontiveros.

WEDNESDAYS

1035 MARKET NEW! COMMUNITY GROUP Wednesday 11:30-1:00PM, room 3C. A discussion group to explore relative topics pertaining to our identities and the communities to which we belong. Facilitators Tiana Beard & Alex Locust

1035 MARKET HARM REDUCTION & EXPRESSIVE ARTS Wednesday 1:30-3PM, room 3D. An expressive arts therapy drop-in harm reduction group where we get to express ourselves using various art forms (visual arts, music, poetry, etc.). No experience or expertise with any of the arts are required; anyone and everyone is welcome to join. Facilitators Glenn Ontiveros & Christoph Zepeda.

WEDNESDAYS (continued)

1035 MARKET **NEW! WELCOME TO STONEWALL** A weekly group for those who are exploring their relationships with substances. Whether you're considering joining, recently enrolled, or just want a refresher course, this group explores what we do at Stonewall, the ideas behind harm reduction and how to get the most out of our services. Wednesday 6-7:30PM, room 3A. Facilitators Kyle Temple & Alex Locust

STRUT (470 CASTRO) **ABSTINENCE SKILLS ENHANCEMENT** Monday 6-7:30PM, group room 1. Facilitators Wade Smith & Francisco Escobar.

THURSDAYS

1035 MARKET **NEW! MOOD MANAGEMENT** Thursday 4:30-6PM, room 3B. A group that will focus on providing a practical guide to better manage your emotions. Facilitators Tiana Beard & Enrique Vallejo

1035 MARKET **STONEWALL ACUPUNCTURE AND MASSAGE LOUNGE** Thursday 6-7:45PM, rooms 3A & 3D. A drop-in acupuncture and massage therapy lounge for Stonewall Project walk in and enrolled clients. Facilitators Alan Camardo & Emily Shannon.

1035 MARKET **PASO A PASO GRUPO DE APOYO** Thursday 6-7:30PM, Room 2C. Welcome to Paso a Paso, a bilingual group for Latino gay and bisexual men. Explore issues related to our substance use, sexuality and culture in a basic harm reduction process. Facilitator Francisco Escobar.

FRIDAYS

1035 MARKET **"OUTSIDE IN"** Friday 9:30-11AM, room 2C. A walk-in discussion group for exploring the unique challenges, successes, emotions and general experience of gay/bi/heteroflexible men who have been at times homeless and at other times, housed. Facilitators Chris Powers & Peter Carnini.

1035 MARKET **TCB FRIDAY (Taking Care of Business) Group** Friday 2-3:30PM, room 3D. Not quite ready for the weekend? Come for some pre-weekend TLC at the TCB Friday walk-in group for gay/bi men. Share your experiences, get and give peer support, and learn a new grounding/mindfulness exercise each week. Coffee and snacks provided! Facilitators Aaron Rohrer & Enrique Vallejo.

STRUT (470 CASTRO) **CASTRO HARM REDUCTION FRIDAY NIGHT** Friday 6-7:30PM, group room 2. A fun, friendly, welcoming place for gay, bi, MSM interested in exploring their relationship to drugs, sex, dating and whatever you want to discuss. Come as you are, high, low or in between. Facilitators Rich Lugo & Alan Camardo.

Stonewall Walk-In Individual Counseling

Walk in M-F at 4PM to 1035 Market St., 4th floor or Strut at 470 Castro St. Nonjudgmental information about drugs and drug use can be tough to find. Stonewall extends an open invitation to you if you drink or use drugs to come in and ask questions if you have them, fine tune your party habits or have space to talk about concerns, making changes, available groups and services or enrolling in our structured program for gay/bisexual/transmen/MSM who have sex with men.

What is PROP? www.propsf.org A 12-week program for gay/bisexual/transmen/MSM who choose to stop using methamphetamine. PROP provides structure, community, counseling, referrals and support. Enrollees visit the PROP lounge three times a week for three months and are given monetary credits for non-reactive urine tests for stimulants. 1035 Market St., 4th floor drop in Mon/Wed/Fri at 3PM. Email or call Rick Andrews at 415-487-3115 randrews@sfaf.org

Free confidential **HIV & Hep C testing** at our new **6th Street Harm Reduction Center** at 117 6th Street. Hours are: Tuesdays, Wednesdays and Fridays; **11am – 1pm**, Thursdays from **11am to 5pm** and Saturdays from **7pm to 11pm**. Test takes about 30 minutes.

Visit **Strut** (Magnet's new home), SFAF's gay men's health clinic in the Castro for testing and treatment for syphilis, chlamydia and gonorrhea. Confidential rapid HIV antibody testing. Hepatitis A & B vaccinations. Sat/Mon/Fri. 10-6PM Tue/Wed/Thu 10-8PM at 470 Castro St., 2nd floor.

The Stonewall Project welcomes persons with disabilities and will provide reasonable accommodations upon request. If you would like reasonable accommodations for services at Stonewall, please contact Robert Holum at 415-487-8067 or rholum@sfaf.org.

STONEWALL
PROJECT

STONEWALL/SFAF 1035 Market St. or at Strut 470 Castro St., 3rd floor
415-487-3100 www.stonewallsf.org www.tweaker.org www.tspfsf.com
come high * come low * come as you are*