

WALK-IN PROGRAM SCHEDULE – October 2016 – January 2017

The Stonewall Project is a family of programs dedicated to providing counseling, treatment, information and support to gay, bi and transmen who have sex with men who are having issues with drugs and/or alcohol. As a program rooted in harm reduction, all substance use goals ranging from safer use, to managed use, to reduced use, to partial abstinence, to complete abstinence are supported and welcome. Services are confidential and free of charge.

Walk In Program: Each week, Stonewall offers walk in groups, book clubs, harm reduction education opportunities, syringe access, individual counseling and wellness services like massage and acupuncture. No paperwork, no intake, no waiting. You decide what services are a good fit.

Structured Enrolled Program: To Enroll

- First, visit us for a walk in counseling session 4PM M-F at 1035 Market St., 4th floor or Strut at 470 Castro St.
- Next, participate in three orientation/skills building groups on Monday evenings (see description below)
- Attend as many walk in services (groups, book clubs, acupuncture, etc.) as you would like and check out our programs
- You'll be contacted by and scheduled to meet Stonewall's Intake Coordinator, Melissa Yost.
- Continue attending walk in services. As space is available, Melissa will match you with a skilled counselor.

Enrolled clients agree to meet with their counselor once a week for six to eighteen months and attend two groups each week designed to support their substance use goals.

MONDAYS

1035 MARKET OVER THE INFLUENCE BOOK CLUB Monday 12-1:30PM, room 2C. Join anytime on any chapter. Check out this amazing book by the Harm Reduction Therapy Center. Facilitators Kyle Temple & Frankee Carlson.

1035 MARKET SKILLS BUILDING GROUP (first hour) + ENROLLED PROGRAM ORIENTATION (last ½ hour) Every Monday 6-7:30PM, room 3A. This group provides practical tools that can help in challenging situations and make more space for choice, new options for changing behaviors and build skills to meet and maintain your substance use goals. The last half hour of group is an orientation to Stonewall for guys who would like to enroll in our structured program and be matched with an individual counselor. All goals around substance use are appropriate and welcome here; from safer use to abstinence. Facilitators Alan Camardo & Alex Locust.

TUESDAYS

1035 MARKET CRYSTAL CLEAR: A HARM REDUCTION GROUP FOR AFRICAN AMERICAN MEN VISIONING PERSONALIZED RECOVERY Tuesday at 12noon-1:30PM, room 3E. Join Crystal Clear to connect to and support other African American men as they grow their own unique and personal definition and roadmaps to recovery. Facilitators Tiana Beard, Roy Tidwell & Alex Locust.

117 6th ST. 6th STREET HARM REDUCTION DROP-IN GROUP Tuesday 1-2:30PM beginning with snacks, good company and coffee at 117 6th St. at Mission. Facilitators Chris Powers & Hannah Schwartz.

STRUT (470 CASTRO) THE VELVET RAGE BOOK CLUB: OVERCOMING THE PAIN OF GROWING UP GAY IN A STRAIGHT MAN'S WORLD Tuesday 4-5:30PM, group room 2. This book club explores the complexity of gay identity and culture, HIV, substance use, healing relationship trauma, shame, internalized homophobia and much more. Facilitators Wade Smith and Christoph Zepeda.

STRUT (470 CASTRO) SEX AND DATING BOOK CLUB Tuesday 6-7:30PM, group room 1. A walk-in book club for gay & bi men who want to maintain their substance use goals without the ins and outs of sex and dating taking them off course. Each week, we will read and discuss a chapter or selection from a different book or blog. It might get juicy. Facilitators Chris Powers & Paul Kilfoil.

STRUT (470 CASTRO) CASTRO SMART DRINKING GROUP Tuesday 6-7:30PM, group room 2. Want to change your drinking habits? Find **your** way to safer drinking, controlled drinking, reduced drinking or quitting. Facilitators Rich Lugo & Glenn Ontiveros.

WEDNESDAYS

1035 MARKET WALK-IN HARM REDUCTION & EXPRESSIVE ARTS Wednesday 1:30-3PM, room 3D. An expressive arts therapy drop-in harm reduction group where we get to express ourselves using various art forms (visual arts, music, poetry, etc.). No experience or expertise with any of the arts are required; anyone and everyone is welcome to join. Facilitators Glenn Ontiveros & Tiana Beard.

1035 MARKET WELCOME HOME GROUP Wednesday 6-7:30PM, room 3A. Join us in a non-judgmental space to explore ideas and possibilities for yourself and changes you may want to make in your substance use. Facilitators Tiana Beard & Kyle Temple.

THURSDAYS

1035 MARKET STONEWALL ACUPUNCTURE AND MASSAGE LOUNGE Thursday 6-7:45PM, rooms 3A & 3D. A drop-in acupuncture and massage therapy lounge for Stonewall Project walk in and enrolled clients. Facilitators Alan Camardo & Christoph Zepeda.

1035 MARKET PASO A PASO GRUPO DE APOYO Thursday 6-7:30PM, Room 2C. Welcome to Paso a Paso, a bilingual group for Latino gay and bisexual men. Explore issues related to our substance use, sexuality and culture in a basic harm reduction process. Facilitators Francisco Escobar & Enrique Vallejo.

1035 MARKET MINDFULNESS LAB Thursday 6-7:30PM, room 3E. Mindfulness Lab is an eclectic weekly group which helps participants develop clarity, compassion and wisdom through practice. Facilitators Jeremy Prillwitz & Hannah Schwartz.

FRIDAYS

1035 MARKET "OUTSIDE IN" Friday 9:30-11AM, room 2C. A walk-in discussion group for exploring the unique challenges, successes, emotions and general experience of gay/bi/heteroflexible men who have been at times homeless and at other times, housed. Facilitators Chris Powers & Peter Carnini.

1035 MARKET TCB FRIDAY (Taking Care of Business) Group Friday 2-3:30PM, room 3D. Not quite ready for the weekend? Come for some pre-weekend TLC at the TCB Friday walk-in group for gay/bi men. Share your experiences, get and give peer support, and learn a new grounding/mindfulness exercise each week. Coffee and snacks provided! Facilitators Aaron Rohrer & Enrique Vallejo.

STRUT (470 CASTRO) CASTRO HARM REDUCTION FRIDAY NIGHT Friday 6-7:30PM, group room 2. A fun, friendly, welcoming place for gay, bi, MSM interested in exploring their relationship to drugs, sex, dating and whatever you want to discuss. Come as you are, high, low or in between. Facilitators Rich Lugo & Alan Camardo.

1035 Stonewall Walk-In Individual Counseling

Walk in M-F at 4PM to 1035 Market St., 4th floor or Strut at 470 Castro St. Nonjudgmental information about drugs and drug use can be tough to find. Stonewall extends an open invitation to you if you drink or use drugs to come in and ask questions if you have them, fine tune your party habits or have space to talk about concerns, making changes, available groups and services or enrolling in our structured program for gay, bisexual and transmen who have sex with men.

What is PROP? www.propsf.org A 12-week program for gay, bisexual and transmen who have sex with men and MTF transgender people who choose to stop using methamphetamine. PROP provides structure, community, counseling, referrals and support. Enrollees visit the PROP lounge three times a week for three months and are given monetary credits for non-reactive urine tests for stimulants. 1035 Market St., 4th floor drop in Mon/Wed/Fri at 3PM. Email or call Rick Andrews at 415-487-3115 randrews@sfaf.org

Free confidential **HIV & Hep C testing** at our new **6th Street Harm Reduction Center** at 117 6th Street. Hours are: Tuesdays, Wednesdays and Fridays; **11am – 1pm**, Thursdays from **11am to 5pm** and Saturdays from **7pm to 11pm**. Test takes about 30 minutes.

Visit **Strut** (Magnet's new home), SFAF's gay men's health clinic in the Castro for testing and treatment for syphilis, chlamydia and gonorrhea. Confidential rapid HIV antibody testing. Hepatitis A & B vaccinations. Sat/Mon/Fri. 10-6PM Tue/Wed/Thu 10-8PM at 470 Castro St., 2nd floor

STONEWALL
PROJECT

STONEWALL/SFAF 1035 Market St. or at Strut 470 Castro St., 3rd floor
415-487-3100 www.stonewallsf.org www.tweaker.org
www.tspsf.com

come high * come low * come sober * come as you are